

# Trinity Tidings

*Newsletter - December 2025*

## Principal's Update

Dear Parents, Carers, and Members of our School Community,

It is my pleasure to welcome you to our Christmas newsletter.

As we draw the term to a close, I am delighted to reflect on what has been another fantastic autumn at Hull Trinity House Academy. There is so much for us to celebrate, and I am incredibly proud of all that our students and staff have achieved together.

A few standout moments from this term include our Remembrance Day parade, Children in Need fundraising and the excellent standards shown from our Year 11 cohort during their first round of mock examinations. We look forward to seeing their results in the spring term.

I would like to take this opportunity to thank all of our parents, carers, and students for your continued support and commitment throughout the term. Your involvement plays a vital role in the success of our school community.

We look forward to welcoming pupils back on Tuesday 6<sup>th</sup> January.

Wishing you all a safe, restful, and enjoyable festive break.

Thank you for your continued support.

Warm regards,



*Dan Flack*  
Principal

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# Whole School Information



## REMEMBRANCE DAY 2025

During the national event, our pupils had an assembly from Mrs Cooper, Head of History, who reminded pupils of the sacrifices many people have made for our country.

We conducted our annual parade, where we joined in the national two-minute silence, and students paid their respects. We were also visited by the Brethren and were observed by many members of the public, including parents and carers.

Pupils wore their poppies throughout the full week to show their respect. This is one of the many traditions we hold at the academy.

Our School Captain, Zach, along with Vice Captain Charlie and Mr. Thompson, were also invited to the Hull Cenotaph on Sunday 9th November, to represent the academy. They participated alongside various other schools, colleges, and external organisations from throughout the city.



# Whole School Information



## Glass House Art Trip

On the 2nd December, our talented Year 10 artists kicked off the festive season with a visit to the Glass House apartments in Hull, to create a Christmas window display. Students designed and painted large festive baubles featuring well-known Hull landmarks such as The Deep, Zebedee's Yard, and the Spurn Lightship, reflecting both the city's maritime links and Trinity's connection to the local community.



They spent the day working with paint and marker pens to produce the designs directly onto the windows, building the display section by section. Throughout the day, pupils maintained a positive attitude and worked consistently, representing the school well with their behaviour. During the visit, the group also spoke to Radio Humberside about the project and their ideas.

**We are incredibly proud that our students' artwork is on display in the city centre for the public to enjoy throughout the festive season.**



# Whole School Information



## SHOWCASE TIME

Throughout this term, we have had plenty of rehearsals for our production next year, *Oliver!*, and in preparation for our Christmas Performance Evening. Over fifty of our talented Performing Arts students put on a showcase of festive performances for our visitors from the local elderly care homes on Wednesday 3rd December, with an array of musicians, singers, dancers and a drama performance of 'A Christmas Carol.' Our exceptionally talented students, from all year groups were highly commended on their talented performances and really highlighted their dedication to the arts with so many young students performing. We look forward to seeing them continue to flourish in the performances in 2026.



## THEATRE VISIT

On Friday, 12th December, Mrs. Read organised and led 70 KS3 students on a performing arts trip to watch a festive adaptation of Charles Dickens' classic novel, *Oliver Twist*, at our fantastic local theatre, Hull Truck. Students behaved exceptionally well, and all enjoyed the performance showcasing what we have on offer in the theatres around us. It really got us into the Christmas spirit, and it further enhanced the students' love for theatre, with many of the students never having been to watch a performance at a theatre before.



# Hull Trinity House Academy SAFEGUARDING TEAM

## If you're feeling:

- Worried or concerned
- Frightened & anxious
- Lonely & isolated
- Guilty
- Unable to eat/sleep properly
- Upset about something



*These are the people who can help:*

**Mr Bilton**



Vice Principal  
Designated  
Safeguarding Lead  
(DSL)

**Mr Reffin**



Deputy Designated  
Safeguarding Lead  
(DDSL)



# Safeguarding Corner



Welcome to the first release of the Safeguarding corner.

This section is designed to support parents in deepening their understanding of topical safeguarding issues that may affect their child, themselves or their local community.

The information will be broken down into two sections below:

## THINGS TO REMEMBER:

- Students are to be in the Academy no later than 08.20 am each day for their free breakfast
- The Academy day finishes at 14.45 pm with the parade between 14.30 pm-14.45 pm
- Staff will meet and greet your child on the gate every morning and after school
- Staff patrol the local area before and after school every day



## PARENTAL SUPPORT - ROUTINE

For some children, the return to education at the end of the school holidays can be a difficult time for a variety of reasons. The start of the new term comes with plenty of challenges, from social worries to the stress of ensuring they're entirely ready for upcoming lessons and learning.

Of course, these youngsters don't have to weather these burdens alone, and as parents and educators, we should do all we can to support the children in our care as they head back to school. These guides offer you expert advice on how you can be there for children and young people as they transition back into their school's routine.



- <https://www.sleepfoundation.org>
- <https://www.nutrition.org.uk>
- <https://www.childmind.org>

# 10 Top Tips for Parents and Educators

## SUPPORTING CHILDREN TO RETURN TO ROUTINE

Most of us look forward to the school holidays as an opportunity to slow down and relax, stay up later, sleep in and generally approach life in a more leisurely fashion. However, this does mean that returning to normal school-day routines can feel like an uphill battle. Here are some practical tips to ease that transition, reduce stress and set children up for success.

### 1 START SMALL AND EARLY

Begin reintroducing elements of the school routine a week before term starts. Gradually adjust bedtime, wake-up times and mealtimes to be more in line with school-day rhythms. Small changes can make a big difference in avoiding last-minute panic and helping children to readjust smoothly.

### 2 REVISIT THE SCHEDULE

Involve your child in mapping out their daily routine so they understand what's going to change. Visual tools like charts or calendars can help keeping to that schedule feel more engaging. When children understand and anticipate their personal timetable, they feel more secure and in control.

### 3 CREATE A SLEEP PLAN

Sleep can present one of the biggest challenges, as children can sometimes become night owls, prone to staying up late during the holidays. Limit screen time before bed and encourage winding-down activities like reading or listening to calming music. A restful night's sleep improves focus, mood and overall wellbeing, making mornings much smoother.

### 4 ENCOURAGE FRIENDSHIPS

Help your child to reconnect with school friends by organising playdates, catch-ups or arranging to go to after-school clubs. Re-establishing social bonds can make the return to school more exciting and less intimidating, allowing youngsters to focus on the positive aspects of the new term.

### 5 GRANT RESPONSIBILITY

Give children control over some aspects of the morning routine. Maybe they could be in charge of waking everyone up, serving breakfast or choosing the radio station that everyone listens to while getting ready. Something that gives them a sense of ownership over their morning schedule can help them view the task as one they've chosen to do, rather than being told to do it.

### 6 FOCUS ON NUTRITION

Make sure children are receiving balanced meals (with regular healthy snacks to boost energy and concentration), putting them in the best possible state to return to education. A nutritious breakfast is particularly crucial for a positive start to the day. Involve children in meal planning to make it enjoyable and collaborative.

### 7 COMMUNICATE OPENLY

Talk with your child about how they're feeling about returning to school: whether they're excited, anxious or a mix of both. Validating their emotions helps them feel supported and understood. Try asking them about the things they're looking forward to at school, such as seeing their friends again. Focusing on the positives can be useful for children struggling with change.

### 8 RECONNECT WITH LEARNING

Ease children back into a learning mindset by incorporating fun, educational activities into their home life. Reading a favourite book, playing games that involve maths or discussing an interesting topic can gently reawaken their focus and prime their minds to learn, which can have helpful impacts on their academic performance.

### 9 PREP TOGETHER

Turn preparation into a shared activity, to shoulder the responsibility together and provide support where needed. Pack school bags, lay out uniforms and plan lunch the night before. This not only reduces early morning stress but also gives children a sense of ownership over being ready for school.

### 10 BE PATIENT AND FLEXIBLE

Transitions take time, and every child adjusts differently; so, it's important to stay calm and supportive, especially if they're reacting adversely to the change in their daily life. Be ready to tweak routines as needed, and work with the child to make the return to education easier possible for them. Patience can go a long way to setting a positive tone for the new school year.

## Meet Our Expert

Becky Dawson is an education expert with a focus on mental health and wellbeing. Passionate about empowering adults who spend time with and care for young people, Becky specialises in creating practical strategies that promote wellbeing and resilience in children during life's transitions.



#WakeUpWednesday

The National College



[hthacademy.org.uk](http://hthacademy.org.uk)



01482 326421



@DeltaHTHA

# Attendance



## EXCELLENCE IN STANDARDS

Hull Trinity House has excellent standards of attendance. Regular attendance is important and absence should be restricted to the unavoidable. It is a legal requirement that schools keep accurate records of student attendance.

Except for illness, no student should be absent from school without the permission of the Principal in advance. Parents are requested not to arrange family holidays or outings in term time; such absences are undesirable because they severely disrupt the student's programme of learning and assessment.



## REPORTING ABSENCE

On the first day of absence, you are requested to telephone the school on **01482 326421** or via the **My Child at School app** with an explanation of your child's illness and when they are likely to return.

If the absence affects subsequent days, we would be grateful if you could ring on each day of absence or contact the Attendance Officer or Year Leader for your child's year group to confirm this. Please note that home visits and telephone calls are conducted if your child is absent for two days or more.

Advance permission for medical appointments should be communicated to the Attendance Officer or the relevant Learning Manager using the Report an Absence button on the school telephone system.



## WHAT IS 'GOOD' ATTENDANCE?



ALL STUDENTS SHOULD AIM FOR A TARGET OF AT LEAST **97% ATTENDANCE**. THIS EQUATES TO 6 DAYS ABSENCE IN AN ACADEMIC YEAR.

ANY STUDENT WHOSE ABSENCE FALLS BELOW 90% IS DEEMED PERSISTENTLY ABSENT FROM SCHOOL.

ATTEND TODAY,  
ACHIEVE TOMORROW.



[hthacademy.org.uk](http://hthacademy.org.uk)



01482 326421



@DeltaHTHA

# Attendance



## UNAUTHORISED ABSENCE

The law requires that all schools must show the difference between authorised and unauthorised absence.

Examples of absence which would be authorised by the school are:

- Sickness
- Medical or dental appointments which cannot be arranged outside school hours
- Days of religious observance
- Exceptional circumstances such as bereavement

Examples of absence which we would regard as unauthorised are:

- Truancy
- Staying at home to look after younger children or sick relatives
- Birthdays
- Resting after a late night
- Relatives visiting or visiting relatives
- Attending concerts or having days out to attend local events
- Any absence about which the school has not been informed by letter and approved



## PUNCTUALITY

Students who arrive late after 8.25 a.m will report to Student Reception, who will record the late arrival. Please note that detentions are given to those students who are late for the next available date shown in their planner. Where students are persistently late, appropriate action will be taken and parents will be informed. Attendance and punctuality information is recorded on reports.



ARRIVING  
**15 MINUTES LATE** EVERY DAY IS THE SAME AS BEING ABSENT FOR **2 WEEKS** EACH YEAR!

ATTEND TODAY,  
ACHIEVE TOMORROW.



# Year 11 Information



As we reach the end of this 15-week term, I would like to take this opportunity to thank you and, of course, our Year 11 students for your continued hard work, commitment and support. This term marks a significant milestone, taking us to the halfway point of Year 11 a towards their summer examination period. The progress made so far this academic year has been excellent, and this is very much a reflection of the strong partnership between home and school. When we return to the academy on Tuesday 6th January, it is essential that students are ready to hit the ground running at 100%. The momentum we have built must be maintained to ensure students continue to make strong progress in the months ahead.

We would also like to highlight several important upcoming events for parents and carers:

**Year 11 Parents/Carers “Keeping in Touch” Event – Tuesday 20th January 2026**

**Invitations will be sent out shortly.**

**Year 11 Parents Evening – Tuesday 3rd February 2026**

In addition, we will be launching a programme of weekend and holiday masterclasses designed to further accelerate Year 11 progress. We will also be running revision residential weekends for students identified through our weekly RAG process. These targeted opportunities will provide focused support at a crucial stage of preparation. The next 15 weeks at Hull Trinity House Academy are the most critical of the entire school career. Your full support and cooperation are vital as we work together to ensure that when the Year 11 summer examination series begins on **6th May 2026**, it is a positive, confident and successful experience for all of our students.

If you have any questions or would like to discuss your child's progress, please do not hesitate to contact the academy to arrange a meeting with Mr Clark or Ms Adams.

Thank you once again for your continued support.

*Mr Clark*

**Vice Principal**



# Things To Remember



## **COLLECTING PUPILS FROM SCHOOL**

If you are collecting your child from school, for whatever reason, you must bring ID. If someone else is collecting your child on your behalf, they must also bring ID and must be an emergency contact on our system.

## **PARENTS/CARERS VISITING THE SCHOOL**

As you are aware, we are a very large secondary school, and staff time is always taken up with appointments and duties. If you do need a face-to-face appointment with any member of staff, you will need to book a prearranged appointment. Please contact the school to arrange this. Unfortunately, if you do decide to come to the school without an appointment, the time you will be waiting to see a member of staff cannot be determined.

## **FIZZY DRINKS AND ENERGY DRINKS/SWEETS**

Please be reminded that pupils are not permitted to bring energy drinks or sweets and fizzy drinks into school. Any pupils found with any of these drinks/sweets will have them confiscated and disposed of.

## **FREE SCHOOL MEAL ENTITLEMENT**

Families who receive certain benefits may be eligible for free school meals, regardless of the child's age. Registering for free meals could also raise additional funds for your child's school to fund valuable support like extra tuition, additional teaching staff, or after-school activities. This additional money is known as the 'Pupil Premium Grant'. To find out if your child is eligible, the benefits team at your Local Authority can process your claim by telephone, or alternatively, you can complete the online form at <https://www.gov.uk/apply-free-school-meals>. If your child is eligible, you will receive a confirmation letter from your Local Authority within 10 days. Upon receipt of this letter, please notify the school.

***All pupils receive a free breakfast available daily from 8:00 am.***

## **MEDICAL CONSENTS**

Please ensure you are informing us of any changes to your child's medical records immediately, this can be done through the My Child At School app. Any medication that needs to be held in school must be brought to Reception by a parent/carer in the original packaging and clearly labelled. A medical consent form can be obtained from Reception which must be completed before any medication can be administered.

Requests to update details can be made through the My Child At School, once approved by the Admin Office, they will be updated.

You can email enquiries - [info@hthacademy.org.uk](mailto:info@hthacademy.org.uk)



# Useful Information



## UNIFORM

At Hull Trinity House Academy, we pride ourselves on our history and heritage, and a large part of this is our uniform. When students are wearing their uniform, they are representing the Academy and displaying the very best of Trinity.

When students enter the Academy in the morning, they must be in full uniform before going past the 'Blue Line'. Students must be wearing the full uniform around the Academy and can only take their jumper/blazer off when in a classroom or outside on the yard.

When it is warmer weather, 'Relaxed Uniform' may be in place, which means that students do not need to wear their jumper/blazer when walking around the Academy. This will be decided daily and communicated to students. For parade, students must be in full uniform, including their berets/caps. During the parades, all students will be inspected by their tutor, with any uniform infringements noted on the inspection sheets.

If you have any questions regarding uniform, please email [uniform@hthacademy.org.uk](mailto:uniform@hthacademy.org.uk) or contact the Academy.

KS3 Uniform	KS4 Uniform
Black tailored trousers or black pleated skirt (worn with black tights 40 denier)	Black tailored trousers or black pleated skirt (worn with black tights 40 denier)
Black ribbed naval pullover	Merchant Navy uniform jacket
Black uniform beret with badge	Merchant Navy Cap
White long or short sleeved shirt	White long or short sleeved shirt
Academy Tie	Academy Tie
Plain Black, Round Toed, Flat Polishable Shoes (no embellishments, logos, bows, buckles) (Trainers, boots, pumps or canvas shoes are not permitted)	Plain Black, Round Toed, Flat Polishable Shoes (no embellishments, logos, bows, buckles) (Trainers, boots, pumps or canvas shoes are not permitted)
Black outdoor coat, plain in colour with no logos, fur trims or embellishments.	Black outdoor coat, plain in colour with no logos, fur trims or embellishments.
Full length black socks to be worn with trousers.	Full length black socks to be worn with trousers.



# Clubs & Enrichment



**Monday**  
Oliver! Production rehearsal – MRE in drama studio  
Drum Corps – RRO in music room  
Boys football-Steve Prescott centre Girls gym-

**Tuesday**  
Girls Football- Steve prescott

**Wednesday**  
Oliver! Production rehearsal – MRE in drama studio  
KS3 Band Night – RRO in music room  
GIRLS NETBALL –sportshall  
Art & Textiles Club – Art 1

**Thursday**  
Trinity Dance Troupe – GGI in drama studio- all students –all year groups  
Boys football-Steve Prescott  
Dodgeball – Parade yard

**Friday**  
Basketball & Netball – Parade yard

**CLUBS**

**All clubs & enrichment are 2:45-3:45pm.**

## Links

- [Academy Website](#)
- [Enquiries Email](#)
- [Our X Account](#)
- [Academy Day](#)



# Sporting Fixtures



## FOOTBALL TEAM SHINE WITH THIRD PLACE FINISH



Our Year 9 seven-a-side football team delivered some outstanding team performances at this week's St Mary's tournament, finishing in a well-respected third place against tough competition.

The team representing the school at the tournament were:

Louis N , Ibsa A, Zachariah VC, Abdulkabeer M, Taiyeeb B, William J, Jayden S, and Adam M.

The team kicked the tournament in style, with Ibsa A scoring a brilliant hat-trick in the opening game, comfortably winning the game 4-0. His attacking flair continued throughout the tournament as he finished as the team's top goal scorer. Jayden S was also a constant threat going forward, contributing to key goals and keeping the pressure on opposing defences. Ultimately, his creativity and relentless drive up the pitch provided the team with a strong spark in the final third.

At the other end of the pitch, Zachariah VC and Adam M led the defensive line, staying composed under pressure and helping to keep the team solid and organised whenever they were involved.

Beyond individual performances, the true strength of the squad came from their collective spirit. The lads encouraged one another throughout the whole night, worked tirelessly off the ball, and represented the school with pride and excellent sportsmanship. Every player played their part in an exciting tournament.

Congratulations to the whole squad on a well deserved third place finish.



# Sporting Fixtures



## UNDER 13s GIRLS' FOOTBALL VICTORY

The Under 13s girls' football team produced an excellent performance in their match against St Mary's, earning a well-deserved 2–0 victory. From the opening whistle, the team showed great organisation, commitment, and teamwork, controlling large periods of the game and working hard both in attack and defence.

Strong defensive play ensured a clean sheet, while confident passing and movement created several goal-scoring opportunities. The players supported each other well on and off the ball, demonstrating fantastic sportsmanship throughout the match.

A special thank you goes to Lina F (Year 10) for kindly stepping in to referee the game. Her time, effort and professionalism were greatly appreciated by both teams. Well done to all players involved for their hard work, positive attitude, and for representing the school with pride.

## NETBALL SUCCESS

Our Year 7 and Year 8/9 netball teams travelled to Liberty Academy for away fixtures and both teams produced excellent performances, resulting in two well-deserved victories.

The Year 7 match was a closely fought contest, with both teams demonstrating strong defensive work and quick attacking play. Our players showed great resilience and teamwork throughout the game, ultimately securing a narrow but deserved 3–2 win.

The Year 8/9 team followed with a confident and controlled performance, displaying excellent passing, movement, and shooting accuracy. Their hard work and determination were rewarded with an impressive 6–2 victory.

Teachers' Player of the Match awards were awarded to Abi G-J (Year 7) and Hari G (Year 8/9) for their outstanding contributions and commitment on court.



# Year 10 Opportunity



## Start your Bronze DofE

Mr English – Duke of Edinburgh Leader



BRONZE

## What's involved?



Adventurous, caring, sporty, creative... however you might describe yourself, the DofE is for you.

There are three progressive levels of programmes which when completed lead to a Bronze, Silver or Gold DofE Award.

To achieve your Bronze Award, you'll need to complete your own programme of activities in these four sections:

-  Volunteering
-  Physical
-  Skills
-  Expedition



## Cost



- The cost to take part in the Award is £90 per person
- This cost covers the registration fee and transport costs for the practice walks and the expedition.
- Please note that the Award is limited to 24 places and is based on first come first serve basis.
- Payment of £90 will need to be made via the App "My Child at School".
- The last day for signing up is Friday 9<sup>th</sup> January
- You can pay by instalments on the App and pay over a longer period of time.



# MESSAGE FROM

## *The Captain*



What a brilliant first term at Hull Trinity House Academy for the students and the staff. It has been remarkably busy for the White Squad and officers with the Remembrance Day parade at our school, the Christmas carol service at the chapel, and the annual O.A.P Christmas party. Throughout the term, the officers have represented the school superbly, and I am immensely proud of them.

Over this term, our new Year 7 cohort have shown a growing passion for learning about the school's history and traditions. During marching practice and parade, we have been very impressed with their conduct.

### **Traditions – Remembrance Sunday and Remembrance Day**

On Sunday, 9th November, I represented the school in laying the wreath at the cenotaph in town. This event for me is the biggest event on my calendar, as I do not just represent myself, I represent the school and share our core values with lots of other organisations from across the city.

We also had our Remembrance Day parade in school, where students turned up in their cadet uniforms. The White Squad and the drum corps were excellent in their roles, after many weeks of hard work and preparation.

### **A Night to Remember**

On the 3rd of December, we hosted our O.A.P Christmas party. This takes place every year to showcase pupils and their talents. On the night, we had many performances, from a short performance of A Christmas Carol, many musical performances, and lastly A Fairy Tale of New York, which was performed by the White Squad. These are the kind of nights that people remember. This event has an important place in the community and the run-up to Christmas. The performances were great, and we could not have done it without the commitment from students and staff. So, the White Squad and I would like to thank the many students and staff that helped make this a night to remember.

Wishing everyone a very Merry Christmas.

*Zack, School Captain*



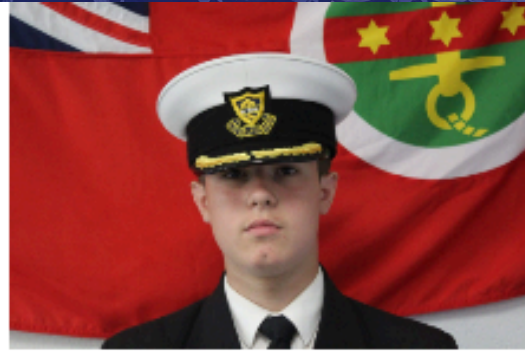
# MEET OUR CHIEF OFFICERS



## *Pupil Leadership 25-26*



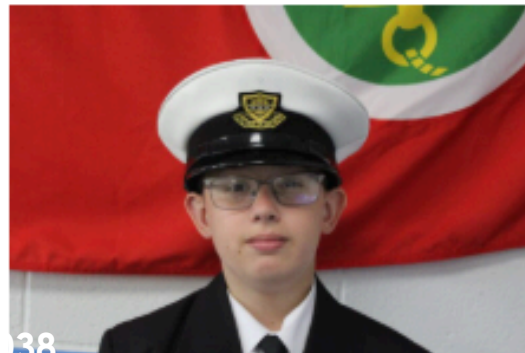
Zackary S – Captain



Charlie B – Vice Captain



Rhys C – Chief of Parade



Lucas P – Chief of Marching



Alex G – Chief of Harrison



Ajay B – Chief of Hammond



Daniel D I – Chief of Johnson



Zachery W – Chief of Morley



# MESSAGE FROM *SLT*



As we come to the end of another busy and successful term, I would like to take the opportunity to share and celebrate some of the many achievements and experiences our students have been involved in over recent weeks. It has been a term characterised by excellent engagement, high expectations and a strong sense of community.

Across all year groups, students have shown outstanding commitment to their learning, with excellent engagement in lessons evident throughout the school. This has been particularly notable in Science and Mathematics, where participation and success in Science Sparx and Maths Sparx have been exceptionally high. These platforms continue to support independent learning and help our students build strong foundations in key subject areas.

Alongside classroom learning, students have benefited from a wide range of enrichment opportunities designed to broaden their experiences and raise aspirations. Students across the school enjoyed a theatre trip to see *Oliver!*, Year 7 have been learning to sail at Welton, some of our girls took part in a girls' engineering trip, Year 10 art students showed off their skills at The Glass House Apartments, and many more. These events provide valuable opportunities to explore interests, develop confidence, and experience learning beyond the classroom.

We are proud of the positive culture we continue to build around reward and recognition. This term, students have been rewarded for their effort, behaviour and engagement through initiatives such as Hull City tickets provided by the Tigers Trust, as well as an exciting Golden Ticket draw, with a Carrera mountain bike awarded to one of our students. These rewards reflect our commitment to recognising hard work and encouraging all students to give their best. The end of term has also seen an eagerly awaited return of Feel Good Friday and 12 Days of Christmas.

Strengthening our partnership with parents remains a key priority. It has been fantastic to see such strong engagement at parents' evenings and Year 11 KIT events, where families have worked closely with staff to support students at an important stage in their education.

Our students have also made us incredibly proud through their contributions to the wider community. Performances at the OAP Christmas party showcased the talents of our dance, drama, and drum corps students and were warmly received by those in attendance. In addition, students represented the school with respect and maturity at Remembrance Day events, including the parade, chapel service and Sunday service. Thank you for your continued support this term. Our achievements reflect the hard work of our students, the dedication of our staff and the strong partnership we share with parents and carers. We look forward to building on this success in the coming term.



*Mrs Padfield*

**Assistant Principal,  
Quality, Teaching & Learning**

# DATES FOR YOUR DIARY



Event	Date
School Re-opens	Tuesday 6 <sup>th</sup> Jan
Year 11 KIT Event	Tuesday 20 <sup>th</sup> Jan
Year 11 Parents' evening	Tuesday 3 <sup>rd</sup> Feb
Half term break	Friday 13 <sup>th</sup> Feb
School Re-opens	Monday 23 <sup>rd</sup> Feb
Careers Fair	Tuesday 24 <sup>th</sup> Feb
Year 9 Options evening	Tuesday 24 <sup>th</sup> Feb
Year 10 Parents' evening	Tuesday 10 <sup>th</sup> March

# What's for Lunch?



## Menu Week One

### Sample menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal (Meat)</b>	Homemade Macaroni Cheese	Homemade Chicken Tikka Masala or Chicken Korma	Fresh Roast Beef and Yorkshire Pudding	Homemade Minced Beef Pie	Southern Fried Chicken Goujons
<b>Main Meal (Vegetarian)</b>	Moroccan Falafel Wrap	Homemade Vegetable Tikka Masala	Quorn Frankfurter, Sauteed Onions in a Bun	Fresh Veggie Chilli Con Carne with Rice and Tortilla Chips	Halloumi and Sweet Chilli Wrap
<b>Halal</b>	Homemade Vegetable Lasagne	Homemade Chicken Tikka Masala or Chicken Korma	Fresh Roast Chicken Breast Portion and Yorkshire Pudding	Fresh Beef Sausages	Cheese Pizza Wedge
<b>Freshly Baked Jacket Potatoes</b>	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chefs Choice of the Day	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chefs Choice of the Day	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chefs Choice of the Day	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chef's Choice of the Day	Tuna Mayo Grated Cheddar Cheese Coleslaw Baked Beans Chef's Choice of the Day
<b>Daily Vegetables</b>	Mixed Salad	Seasonal Selection	Seasonal Selection	Seasonal Selection	Baked Beans or Mushy Peas
<b>Daily Carbohydrates</b>	Chips	50/50 Rice Naan Bread	Roast Potatoes	Mashed Potatoes	Seasoned Potato Wedges
<b>Daily Pasta</b>	Pasta Pot With Daily Sauce Selection	Pasta Pot with Daily Sauce Selection	Pasta Pot With Daily Sauce Selection	Pasta Pot With Daily Sauce Selection	Pasta Pot With Daily Sauce Selection
<b>Grab &amp; Go</b>	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches	Fresh Homemade Daily Selection of Paninis, Wraps, Salad Box, Sub Roll & Sandwiches
<b>Dessert of the Day</b>	Homemade Fresh Fruit Salad	Frozen Strawberry Smoothie Tub	Homemade Pear Crumble, served with Custard	Cornflake Tart	Mousse Selection
<b>Home Bakes</b>	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day	Homemade Flapjack Homemade Chocolate Brownie Homemade Chef's Choice of the Day
<b>Fruit Selection</b>	Seasonal Selection	Seasonal Selection	Seasonal Selection	Seasonal Selection	Seasonal Selection
<b>Yoghurts</b>	Daily Variety of Flavours	Daily Variety of Flavours	Daily Variety of Flavours	Daily Variety of Flavours	Daily Variety of Flavours

## Lunchtime

Food is served during Breakfast Club, Break time and Lunch.

We provide fresh, nutritious and balanced meals with weekly changing menus. We have a range of meals to choose from each day, alongside a salad bar. We strive to provide tasty and nutritious meals whilst impacting the environment as little as possible.

Our kitchens minimise the use of single-use plastics in the storage, preparation and serving of food.

Drinking water is freely available at the water fountains in the Refectory and students are encouraged to bring in reusable bottles. There's also the option for diluted fruit juice via the token-activated vending machines. Tokens can be purchased at the tills.



